

## **Daily Behavioral Health Commonly Asked Questions About The Autism Scholarship Program**

### ***What is the Autism Scholarship Program?***

The Autism Scholarship Program (ASP) gives parents of children who have an IEP with a classification of an autism spectrum disorders the choice to send their child to a special education program other than the one operated by their school district to receive the services outlined in the child's individualized education program (IEP). For more comprehensive information, please go to [ode.state.oh.us](http://ode.state.oh.us).

### ***What types of services does Daily Behavioral Health provide?***

All of our therapists are trained in behavior therapy, which is supported by research as being effective in teaching new skills to children with autism spectrum disorders. These services are typically provided at our clinic, although we do offer home-based behavior consultation services. Other forms of treatment that we provide include social skills training and cognitive-behavioral therapy to teach stress and anger management, communication skills, self-help skills, and organization skills. For older children and adolescents, we also offer career assessment and consultation. All comprehensive services are conducted or supervised by a licensed psychologist. To receive funding from the Autism Scholarship Program, only those services listed on your child's IEP can be submitted for reimbursement. Any services provided beyond those listed on your child's IEP may be eligible for insurance reimbursement or will have to be paid for out-of-pocket.

### ***What is the cost?***

Our standard fee is currently \$200 for each hour of services (e.g, initial evaluation, therapy, testing) and \$55 for group therapy and behavior technician services. Phone sessions are billed on a per-minute basis, starting for phone calls over 10 minutes in length. To keep client fees low, any scheduled session not cancelled 24 hours in advance will be charged the established fee of \$75.

### ***What will I need to provide Daily Behavioral Health?***

You will need to provide your child's most recent Multi-factored Evaluation (MFE)/Evaluation Team Report (ETR) and Individualized Education Program (IEP). In addition, your child may be asked to complete additional testing to better understanding how we can best work with your child. We will also need a copy of the Autism Scholarship Provider Parental Consent Form, which allows us to release progress reports for your child to the school district of residence and to submit Statement of Cost forms to the Ohio Department of Education.

### ***How will I know my child's progress?***

After every session with your child, you will receive immediate verbal feedback about the skills we taught your child and your child's progress toward their IEP goals. We will also send written quarterly reports to you and/or your child's school district and provide verbal and/or written input at all IEP meetings. Termination of services will vary, depending upon progress or completion toward IEP goals. We will provide you with a discharge summary if so desired.

### ***What if I have other questions or concerns?***

If you should have any additional questions or concerns, please do not hesitate to ask the therapist/doctor working with your child. The duration of services is affected by the nature of your concerns and your child's IEP goals. It is very important that you feel that you are benefiting from services. If at any time you feel that you are not getting what you want or need out of therapy, I urge you to discuss this with your therapist so that we can find a solution for your concerns. You also have the right to request a consultation with the supervisor if you have questions. Many times we also conduct surveys and/or pre/post measures to ensure satisfaction.

### ***What are your discipline policies?***

At Daily Behavioral Health, we strive to focus on the positive and reinforce your child's behaviors frequently and consistently. Despite this, sometimes children may become noncompliant with tasks. If this occurs, we use behavioral principles and first teach and reinforce your child for behaviors that are small steps in the right direction. If a child becomes aggressive, we use Time-Out in a designated room, in which the child typically spends less than three to five minutes (no longer than a minute for each year of age of your child) and then reinforce your child immediately when calm. When Time-Out occurs, we will notify the parent of the use of Time-Out at the end of the session.